

## Cat Henderson

I was appointed in December 2019 as a foundation Governor at West Park. I am married with 2 children, currently in years 4 and 6. I am a Registered Nurse, qualifying in 2000 with experience as a nurse in the NHS and the community.

I am passionate about family, relationships and community. I have lived in the Worthing area since 2000 and have good links with the community, having worked in the local hospital for many years, and through my involvement in the local church. I love working with people, and building relationships. I enjoy fundraising, and have organised charitable events in the past.

My Christian faith underpins everything I do and I am in the process of completing my Lay Ministry training at Spurgeons college. I am a Leader at Maybridge community church, overseeing their Breakfast Church service, helping with the after-school club there and volunteering with the Parish Nurse team. I spent some time volunteering with the Friends of West Park, and started the West Park Prayer group in February 2016.

Additionally, I enjoy walking and caravanning, music, reading, and am creative by nature. I hope that my Leadership, Management and Pastoral experience will enhance my time with the Governor team. I look forward to supporting the school in this role.