

Year R		Physical Development		Provision Audit across the Year
Autumn		Spring	Summer	
<p>Physical development; moving and handling 30-50m Moves freely and with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping.</p> <p>Mounts stairs, steps or climbing equipment using alternate feet.</p> <p>Walks downstairs, two feet to each step while carrying a small object.</p> <p>Runs skilfully and negotiates space successfully, adjusting speed or direction to avoid obstacles.</p> <p>Can stand momentarily on one foot when shown.</p> <p>Uses one-handed tools and equipment, e.g. makes snips in paper with child scissors.</p> <p>Can copy some letters, e.g. letters from their name.</p> <p>40-60m Mounts stairs, steps or climbing equipment using alternate feet.</p>	<p>Physical development; moving and handling 40-60m Handles equipment safely and with increasing control</p> <p>Shows a preference for a dominant hand.</p> <p>Shows increasing control over an object in pushing, patting, throwing, catching or kicking it.</p> <p>Begins to form recognisable letters.</p> <p>Uses a pencil and holds it effectively to form recognisable letters, most of which are correctly formed</p> <p>Physical Development; health and self care. 40-60m Usually dry and clean during the day.</p> <p>Shows some understanding that good practices with regard to exercise, eating, sleeping and hygiene can contribute to good health.</p> <p>Shows understanding of the need for safety when tackling new</p>	<p>PSE; making relationships 40-60m They work as part of a group or class, and understand and follow the rules.</p> <p>ELG Children play co-operatively, taking turns with others.</p> <p>Physical development; moving and handling 40-60m Shows increasing control over an object in pushing, patting, throwing or catching it.</p> <p>ELG Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively, including pencils for writing.</p> <p>Physical Development; health and self care. ELG Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe. They manage their own basic</p>	<p>Children can record and represent their ideas and thoughts using and manipulating a range of equipment or resources, including paintbrushes, scissors and writing meida.</p> <p>Children can dance or play an instrument in time to a beat or rhythm.</p> <p>Children can write recognisable letters, words and sentences, which can be read by themselves and others.</p> <p>Children move freely and with confidence in a range of different ways, using and exploring a range of climbing, balancing and gymnastic equipment.</p> <p>Children can run and balance effectively and will move safely round spaces when running or playing with others.</p> <p>Children can throw and catch balls and other equipment.</p> <p>Children can play team games, and show an awareness of others around them.</p>	

	<p>Experiments with different ways of moving; Jumps off an object and lands appropriately.</p> <p>Beginning to move rhythmically; Imitates movement in response to music;</p> <p>Dance – Match movement to music.</p> <p>Physical Development; health and self care. 30-50m Gains more bowel and bladder control and can attend to toileting needs most of the time themselves.</p> <p>Can usually manage washing and drying hands.</p> <p>Dresses with help, e.g. puts arms into open-fronted coat or shirt when held up, pulls up own trousers, and pulls up zipper once it is fastened at the bottom.</p> <p>Can tell adults when hungry or tired or when they want to rest or play.</p> <p>Observes the effects of activity on their bodies.</p> <p>Understands that equipment and tools have to be used safely.</p>	<p>challenges, and considers and manages some risks.</p> <p>Shows understanding of how to transport and store equipment safely.</p> <p>Practices some appropriate safety measures without direct supervision.</p> <p>ELG Children show good control and co-ordination in large and small movements.</p> <p>Wk 1-5 Team games ELG work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different situations.</p> <p>Expressive arts and design; exploring and using media ELG Children sing songs, make music and dance</p> <p>Expressive arts and design; being imaginative 40-60m Creates movement in response to music.</p>	<p>hygiene and personal needs successfully, including dressing and going to the toilet independently.</p>	
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**Expressive arts and design;
exploring and using media
30-50m**

Enjoys joining in with dancing
and ring games.

Beginning to move rhythmically.

Imitates movement in response
to music