

WEEK ONE MENU

PLATES FOR OUR PLANET

MONDAY

Creamy Macaroni Cheese  

Garden Cottage Pie  



Sweetcorn 
 Cut Green Beans 

Golden Apricot Crumble  
 with Custard  

Loaded Spud 
 with Baked Beans 
 or Cheese 

TUESDAY

The Smarter Slice Margherita Pizza with Baked Potato Wedges  

Chicken & Veggie Casserole with Baked Potato Wedges 

Chicken & Veggie Casserole with Baked Potato Wedges 

Sliced Carrots 
 Cauliflower 

Banana & Cinnamon Rice Pudding  

Loaded Spud 
 with Baked Beans, 
 Tuna Mayo,  Cheese 
 or Tuna Flakes 

WEDNESDAY

Moroccan Bean Casserole with Golden Roast Potatoes  

Roast Beef served with Golden Roast Potatoes and Gravy 

Sliced Roast Chicken Breast served with Golden Roast Potatoes and Gravy 

Peas 
 Sliced Carrots 

Warm Berry Compote  
 with Custard  

Loaded Spud 
 with Baked Beans, 
 Tuna Mayo,  Cheese 
 or Tuna Flakes 

THURSDAY

Plant Power Penne Lentil Bolognese  

Chicken Tikka Masala with Rice 

Chicken Tikka Masala with Rice 

Mixed Vegetables 

Fresh Fruit Salad  
 Yoghurt  

Loaded Spud 
 with Baked Beans, 
 Tuna Mayo,  Cheese 
 or Tuna Flakes 

FRIDAY

Hearty Veggie Gratin with Chips  

Fish Goujons with Chips 



Peas 
 Baked Beans 

Banana Bread with Custard  
  

Loaded Spud 
 with Baked Beans, 
 Tuna Mayo,  Cheese 
 or Tuna Flakes 

The Main Event

Veggies

Dessert

Daily



Menu Key:

 Plant Based  Vegetarian
  Halal

Carbon Score:

    
 Low → High



WEEK TWO MENU

PLATES FOR OUR PLANET

MONDAY

Lentil & Veggie Flaky Topped Pie with Baked Potato Wedges 🌱 (B)

Ricotta Tortelloni Pasta in Rich Tomato & Basil Sauce 🌱 (A)



Sliced Carrots (A)
Peas (A)

Golden Rhubarb Crumble 🌱 (A)
with Custard 🌱 (A)

Loaded Spud (A)
with Baked Beans (A)
or Cheese (E)

TUESDAY

Cauliflower, Spinach & Lentil Curry with Rice 🌱 (B)

Chicken Goujons with Baked Potato Wedges (D)

Chicken Goujons with Baked Potato Wedges (H)

Sweetcorn (A)
Cut Green Beans (A)

Fresh Fruit Salad 🌱 (A)
Yoghurt 🌱 (C)

Loaded Spud (A)
with Baked Beans, (A)
Tuna Mayo, (E) Cheese (E)
or Tuna Flakes (E)

WEDNESDAY

Italian-style Tomato Penne Pasta 🌱 (A)

Sliced Roast Chicken Breast served with Golden Roast Potatoes and Gravy (B)

Sliced Roast Chicken Breast served with Golden Roast Potatoes and Gravy (H)

Vegetable Medley (A)

Fresh Fruit Salad 🌱 (A)
Yoghurt 🌱 (C)

Loaded Spud (A)
with Baked Beans, (A)
Tuna Mayo, (E) Cheese (E)
or Tuna Flakes (E)

THURSDAY

Golden Harvest Lentil & Sweet Potato Crumble with Baked Potato Wedges 🌱 (A)

Beef Lasagne (E)

Lamb Penne Bolognese (H)

Sweetcorn (A)
Cauliflower (A)

Somerset Apple Cake 🌱 (A)
with Custard 🌱 (A)

Loaded Spud (A)
with Baked Beans, (A)
Tuna Mayo, (E) Cheese (E)
or Tuna Flakes (E)

FRIDAY

Golden Veggie Sausage with Chips 🌱 (A)

Salmon & Broccoli Bake with Chips (C)



Peas (A)
Baked Beans (A)

Banana Bread 🌱 (A)
with Custard 🌱 (A)

Loaded Spud (A)
with Baked Beans, (A)
Tuna Mayo, (E) Cheese (E)
or Tuna Flakes (E)

The Main Event

Veggies

Dessert

Daily



Menu Key:

🌱 Plant Based 🌱 Vegetarian
(H) Halal

Carbon Score:

(A) (B) (C) (D) (E)
Low → High





WEEK THREE MENU

MONDAY

Chef's Special Creamy Tikka Masala with Rice  

Garden Veggie Lasagne  



Cut Green Beans  Sliced Carrots 

Toffee Apple Pudding   with Custard  

Loaded Spud  with Baked Beans  or Cheese 

TUESDAY

The Smarter Slice Margherita Pizza with Baked Potato Wedges  

Chicken Curry with Rice 

Lamb Chilli Con Carne with Rice 

Sweetcorn  Cauliflower 

Banana & Cinnamon Rice Pudding  

Loaded Spud  with Baked Beans,  Tuna Mayo,  Cheese  or Tuna Flakes 

WEDNESDAY

Rich Tomato & Chickpea Gratin with Golden Roast Potatoes  

Roast Beef served with Golden Roast Potatoes and Gravy 

Sliced Roast Chicken Breast served with Golden Roast Potatoes and Gravy 

Mixed Vegetables 

Golden Apricot Compote   with Custard  

Loaded Spud  with Baked Beans,  Tuna Mayo,  Cheese  or Tuna Flakes 

THURSDAY

Golden Harvest Lentil & Sweet Potato Crumble with Baked Potato Wedges  

Tomato & Paprika Chicken with Rice 

Chicken Meatballs in Tomato Sauce with Baked Potato Wedges 

Sweetcorn  Sliced Carrots 

Fresh Fruit Salad   Yoghurt  

Loaded Spud  with Baked Beans,  Tuna Mayo,  Cheese  or Tuna Flakes 

FRIDAY

Crispy Potato, Cheese & Leek Bake with Chips  

Fish Goujons with Chips 



Peas  Baked Beans 

Banana Bread with Custard  

Loaded Spud  with Baked Beans,  Tuna Mayo,  Cheese  or Tuna Flakes 

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