

Year 3		PE		Provision Audit across the Year/Key Stage
Autumn		Spring	Summer	
<p><b>PE</b> <b>GYMNASTICS</b> <b>Pathways</b> Select skills and apply them with co-ordination and control. ♣ develop flexibility, strength, technique, control and balance</p> <p><b>DANCE</b> <b>Topic – Shipwrecked</b> To see how their work is similar to and different from others. ♣ perform dances using a range of movement patterns</p> <p><b>GAMES</b> <b>Invasion Games</b> They can see how their work is similar to and different from others' work, and use this understanding to improve their own performance. Examples to include short sided examples of: tag rugby, football, netball, hockey, basketball. ♣ play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending</p>	<p><b>PE</b> <b>GYMNASTICS</b> <b>Symmetry and asymmetry</b> To understand that each movement has an entrance and exit and to link movements to create a basic sequence. ♣ develop flexibility, strength, technique, control and balance</p> <p><b>INDOOR ATHLETICS</b> To develop a sound understanding of the skill required for individual events. ♣ develop flexibility, strength, technique, control and balance ♣ compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p><b>SWIMMING</b> ♣ swim competently, confidently and proficiently over a distance of at least 25 metres ♣ use a range of strokes effectively ♣ perform safe self-rescue in different water-based situations.</p> <p><b>GAMES</b> <b>Invasion Games</b> They can see how their work is similar to and different from others' work, and use this</p>	<p><b>PE</b> <b>DANCE</b> <b>Topic based:</b> <b>Aboriginal dance/Haka</b> To see how their work is similar to and different from others and suggest way to improve. ♣ perform dances using a range of movement patterns</p> <p><b>Athletics (Sports Day prep)</b> To use the skills that have been previously learnt to improve their personal performance based on time/distance. ♣ develop flexibility, strength, technique, control and balance ♣ compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p><b>GAMES</b> <b>Net/Wall Tennis</b> Develop hand to ball co-ordination. Extending into a game situation. ♣ play competitive games, modified where appropriate,</p>	<p>The curriculum for physical education aims to ensure that all pupils: ♣ develop competence to excel in a broad range of physical activities ♣ are physically active for sustained periods of time ♣ engage in competitive sports and activities ♣ lead healthy, active lives.</p> <p>Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.</p> <p>Pupils should be taught to: ♣ use running, jumping, throwing and catching in isolation and in combination ♣ play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending ♣ develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] ♣ perform dances using a range of movement patterns ♣ take part in outdoor and adventurous activity challenges both individually and within a team ♣ compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p>All schools must provide swimming instruction either in key stage 1 or key stage 2. In particular, pupils should be taught to: ♣ swim competently, confidently and proficiently over a</p>	

		<p>understanding to improve their own performance. Examples to include short sided examples of: tag rugby, football, netball, hockey, basketball.</p> <ul style="list-style-type: none"><li>♣ play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending</li></ul>	<p>and apply basic principles suitable for attacking and defending</p>	<p>distance of at least 25 metres</p> <ul style="list-style-type: none"><li>♣ use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]</li><li>♣ perform safe self-rescue in different water-based situations.</li></ul>
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